



# HOLY FAMILY JUNIOR NATIONAL SCHOOL

## S.E.N. DEPARTMENT

Dear Parents,

If your child is receiving extra support in school, there are a number of ways you can continue that support at home. Please see suggestions below. Some you will be doing already.

### LITERACY

- Revise the Tricky Words on the string.
- Use the Alphabet tiles to make words.
- Shared Reading with parents and/or siblings.
- Question what has been read.

### MATHS (adjust accordingly to class level)

- Oral Maths – Tables, Odd and Even numbers, Simple Number Sentences.
- Time and Shape – use of the environment.

### FINE MOTOR SKILLS

- Cutting activities, Playdough (Maybe make your own playdough), Lego, Colouring and Letter Formation.

### GROSS MOTOR SKILLS

- Throwing, Catching and Bouncing – Ball skills.
- Target Practice.

- Design an Obstacle Course in the garden.

Class Teachers have already included websites and links to wonderful online resources. The below mentioned sites and links may also be quite useful.

As I Am Community Support Webinar - <https://youtu.be/fsEAVPkAfnq>

P.E. with Joe – The Body Coach <https://youtu.be/d3LPrhIOv-w>

<https://www.storynory.com/>

<http://littlemissteacher.com>

<https://www.topmarks.co.uk/maths-games/5-7-years/counting>

<https://www.stageslearning.com/pages/free-autism-resources>

<https://myotandme.com/>

<https://www.dltk-kids.com/>

<https://www.helpkidzlearn.com/>

<https://www.twinkl.ie/resources/covid19-school-closures> for Listening and Reading Comprehension pieces.

<http://borrowbox.ie>

Best Wishes to all. Stay Safe everyone.

SEN Team